




Individualized Health Recovery Plan

We provide our clients with an individualized health recovery plan, guiding them through our D.R.E.S.S for Health Success® program so they can optimize their health.

Journey2health



A Natural approach to your health



*You only get one chance at life. . . Let us help
you make the **most** of it.*




Journey2health

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Optimizing health is a Journey.

At Journey2health we
walk with you on
yours.





Feeling Unwell?

Are you looking for a natural approach to regaining your health? If so, you've come to the right place.

Here at Journey2health, Functional Diagnostic Nutrition® practitioners understands the maze through which you travel as you endeavor to regain your health. We help our clients take control of their health by introducing them to intelligent strategies to help guide them through the health building process.

To see if our program is right for you, give us a call at (636) 299-0179 and book a **free** 30 minute consultation.



Assessments

The success of the Functional Diagnostic Nutrition® program is due, in part, to our comprehensive assessments. Individualized assessments allow the FDN to provide clients with a functional interpretation of their hidden stressors and teach them how to address them using the D.R.E.S.S. for Health Success® program, a self care program inherent in the Functional Diagnostic Nutrition® course.

Certified FDN Practitioners do not diagnose but rather look for healing opportunities underlying the symptoms and disease of their clients focusing not on anything particularly but everything nonspecifically; this offers a range of benefits to the client.



About the Founder

Founder of the D.R.E.S.S. for Health Success® program, Reed Davis, saw the frustration in the eyes of his clients as they went from one health practitioner to another only to be told “everything looks normal.” He endeavored to change that.

During his 20 year stint at a wellness center in Southern California he reviewed thousands of clients' labs and noted a pattern emerging with those who did or did not improve. That pattern gave way to what is now known as Functional Diagnostic Nutrition® FDN.

To implement his new found knowledge, Reed developed the D.R.E.S.S. for Health Success® program—a simple but powerful framework for creating an all-natural, drug free protocol that empowers people to take control of their health.

To learn more visit our website resources page.



Association of
Functional Diagnostic
Nutrition Professionals

